Cellu-Smooth

By The Beauty Works Ltd

INSTRUCTIONS FOR USE

(FOR MODEL CS-01)

ABOUT THE BEAUTY WORKS LIMITED

At the Beauty Works, we understand the importance of 'taking care of yourself' and improving self confidence by improving the way we look and feel. Most of us have days when we're not feeling or looking our best, and for many of us our jobs, family and hectic lifestyle prevent us from sticking to our diets, exercise routines and other regimes which improve our general well being.

You can visibly reduce the signs of ageing with the Elevate and Sleek Cheeks, our fantastic micro-facial exercisers. Tone up flabby chins, saggy jowls and reduce fine lines around the eyes.

These excellent products will help you to look and feel years younger. Rejuvenate your skin with the new Skin-Light Therapy, or reveal a fresher clearer complexion using the Diamond Peel.

Is your skin looking tired? A little sallow and in need of a pick me up? Enhance your skins' natural balance and help to control acne, oily T-Zone, spots and blemishes with the Clear Zone.

Do your clothes feel uncomfortable and pull tight? Pinch at your tummy and nip at the hip? Blouse buttons a little strained? Whether its only a few weeks away from your holiday, Christmas party or an important date. Our Lean Machine range is the answer to toning up all the parts of your body.

Dare to bare all ……. Cellu Smooth for super sexy legs WITHOUT the Cellulite! A true ultrasound unit to remove cellulite based on salon systems.

Follow this up with our easy, smooth self tanner the Airbrush Tanning System.

Our latest and most innovative products include:

DIAMOND PEEL	SKIN-LITE THERAPY
ELEVATE	UV NAIL DRYER (professional)
DIGITAL LEAN MACHINE	CLEAR ZONE

The Beauty Works have developed a range of health and beauty care products, specially for use within the privacy of your home. All of which you will enjoy using regularly with excellent results and renewed confidence. Please do not hesitate to call our help line if you would like personal advice on which of our products is best suited to you.

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INTRODUCTION

The Beauty Works Cellu-Smooth is a unique and painless 'home treatment system' offering a new and effective way of removing Cellulite previously only available through specialist beauty clinics. This form of treatment involves the use of 'Ultrasound' waves to mobilize the fatty deposits, improving the skin condition and reducing the 'orange peel' effect of Cellulite in only a few weeks.

Cellulite occurs as a result of some fat cells within the subcutaneous fat layer increasing by over 200 times their original size and becoming locked together. The circulation between these cells becomes sluggish and poor, and the supporting skin becomes tired and strained, developing an unflattering 'Orange Peel' effect. This dimpling on the skin is commonly known as 'Cellulite'.

Most women suffer from Cellulite in their late teens onwards. Cellulite is considered to be associated with fluid retention and a build up of toxic substances within the body. In addition lack of exercise, too much tea, coffee, fizzy drinks and alcohol and not enough water intake along with a poor diet, weight gain/loss, and hormone changes can also contribute to a build up of Cellulite.

Using Cellu-Smooth can give your skin a smooth healthy appearance, leaving you looking good and feeling great to reveal as much as you please whatever you are wearing or not!

WHAT IS CELLU SMOOTH?

Cellu-Smooth is a fantastic new home car unit which has been produces specifically to tackle cellulite. A few years ago the introduction of 'Ultrasound' treatments were introduced into the beauty market. Cellu-Smooth is a product of the same intensive medical research which has made possible the use of 'Ultrasound' waves to treat kidney stones and scan pregnant woman safely to ensure the well being of their unborn child.

Cellu-Smooth exploits the same technology, but while it works at very high frequencies it penetrates only a few centimetres beneath the skin to reach the adipose tissue where cellulite is trapped.

Cellu-Smooth breaks down and disperses the calcified fat deposits known as cellulite to reduce the appearance of dimply, pitted skin. Easy to use at home with minimum effort and maximum results.

The latest, most effective treatment for cellulite:

1. No vigorous massaging
2. No painful pummelling
3. No harsh body scrubs
4. No broken capillaries (generally caused by massage belts)

HOW DOES IT WORK?

Cellu-Smooth Ultrasound sends waves which cause vibrations within the cells, raising the temperature and breaking down the calcified fatty deposits.

It stimulates the release of toxins and waste products out of the cells by melting down fatty deposits which are then removed naturally via the lymphatic system.

Warmth is produced promoting much needed circulation to the areas treated. Thus helping to nourish the skin and encourage a healthy skin tone.

BENEFITS OF USING THE CELLU SMOOTH UNIT

- Body shaping.
- Smooth firm appearance.
- Increases blood and lymph circulation.
- When used in conjunction with diet and exercise, Cellu-Smooth will improve body shape by mobilizing the cellulite.
- Mobilizes fatty deposits allowing them to exit the body naturally through the lymphatic system.
- On a gentle setting it will relax tired and aching muscles.
- Treatments of 15 minutes daily for just a few weeks can work wonders on your body.
- Helps give your skin a healthier and smooth appearance.
- Encourages the active anti cellulite ingredients in the specially formulated gel to be absorbed.

YOUR CELLU SMOOTH UNIT

1. Chrome applicator
2. Power indicator and LOW indicator light
3. HI energy indicator
4. HI intensity setting
5. Power Switch (POWER). Each treatment will last for 15 minutes after turning on the power

INSTRUCTIONS

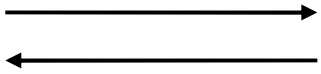
1. Make sure the area to be treated is completely clean and clear from creams and lotions.
2. Plug the mains adapter into the wall socket and into the base of the unit.
3. Apply the conductive gel to the area to be treated. By means of the penetration of ultrasonic waves the nutrients of the gel can effectively penetrate below the surface of the skin to reach the pained area.
4. Depress the power button control and select the required intensity.
5. Apply the applicator to the problem area, if there is no gel, waves cannot be transmitted form the machine to the deeper layers beneath the skin.
6. A stroking method should be used on larger muscular parts like the abdomen, hips, thighs and shoulders. A rotating method should be applied on the smaller areas of the body of the body that have fewer muscles such as the face and arms. Do not leave the unit in one area for any period of time as it will feel too warm and the effect of increasing the circulation will be wasted.
7. The Cellu Smooth unit is equipped with a "safety cut off timer". 15 minutes after depressing the power button, the unit will stop until it is reset. This is to prevent over use on one particular area as the maximum treatment time should not exceed 15 minutes. (Please see treatment frequency).
8. Upon completion of the treatment simply wipe the gel off with a dry cloth, switch off and unplug your unit form the mains.
9. We recommend that you leave an interval of at least 6 hours between each treatment as overuse can cause fatigue and has no benefit.

LOW INTENSITY: To relieve tension and treat areas such as elbows, wrists knees, back, upper arms and smaller areas of the body.

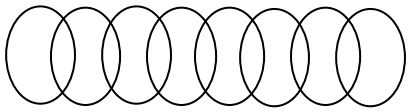
HIGH INTENSITY: Use on larger areas of the body such as stomach, buttocks, thighs and shoulders.

Gently massage the painful, problem area.

- A stroking method should be used on larger muscular parts like the abdomen, hips and thighs. Stroke two to three seconds each time for a distance of approximately 10cm.



- A rotating method should then be applied on the parts of the body that have fewer muscles, such as the face and arms, with speeds similar to the stroking method.



- We recommend that you do not use over the same area of the body without leaving at least 6 hours between treatments as overuse without intervals can cause muscle fatigue and has no benefit.
- **NB.** Using the unit more often does not speed up treatment.
- **WARNING: Do not leave the unit switched on when not in use.**

TREATMENT FREQUENCY

For quick results we recommend daily use for the full 15 minutes on each specific area required.

You should start to notice an improvement after two weeks to the skin texture. However for best results we suggest you continue to use regularly for at least eight weeks before switching to maintenance program of 2-3 times per week.

A more gradual result can still be reached by using 3 - 4 times per week for a minimum of seven minutes per area. An improvement will be noticeable after two weeks of use, however, you will need to continue regularly for up to twelve weeks for maximum benefit.

Results can be accelerated by increasing your water consumption and cutting back on things like tea, coffee, alcohol and fizzy drinks.

It is important to understand that once the Cellu-Smooth has been used, follow the treatment with some form of exercise as this increase the speed at which the waste products are excreted through the lymphatic system, in turn speeding up the treatment results.

GENERAL CAUTION

To reduce the risk of fire, burns, electric shock or other injury, before using your Cellu-Smooth Unit a careful study of the following important safety precautions is strongly recommended:-

1. WARNING – THIS APPLIANCE MUST NOT BE TAKEN INTO THE BATHROOM
2. DO NOT IMMERSE IN WATER OR ANY OTHER LIQUID
3. DO NOT USE WITH WET HANDS

   Such situations above constitute a DANGER TO LIFE through electric shock.

4. DO NOT WRAP THE MAINS CORD AROUND THE UNIT WHEN STORING.
5. This appliance should NEVER be stored whilst hot or while still connected to the mains, always ensure the appliance is switched off, unplugged from the mains and that it has cooled down before storing.
6. The unit should not be left unattended when plugged in.
7. This appliance is intended for household use only. It is not intended for commercial use. Use the appliance only for its intended use as described in this manual.
8. Never continue to use this appliance if it is not working properly, or has been dropped, or if it has been dropped in water or any other liquid, or if it has a damaged plug or lead.
9. Keep the mains lead away from heated surfaces.
10. Do not repair the appliance yourself always consult an authorized technician.

YOUR QUESTIONS ANSWERED

Q. How long will it be before I see results?

A. It depends on many factors – your diet, your age, the intensity of the Cellulite, your current level of exercise and how dedicated you are, its really up to you however, you should start to see and feel results after two weeks of daily use. Some users may take up to 8 weeks for full desired results and then continuing with a maintenance program of 2-3 times per week.

Q. Is the Cellu-Smooth safe to use?

A. Yes. Cellu Smooth uses Ultrasound waves similar to those used to scan pregnant women. The Ultrasound waves in the Cellu Smooth are designed to enter the Subcutaneous fat layer where Cellulite is stored and will not penetrate beyond the muscles.

Q. Can anyone use Cellu-Smooth?

A. Yes. The Cellu-Smooth has been specifically designed for the use by both men and women. Anyone over the age of 18 who wishes to contour their body and reduce unwanted Cellulite may use the Cell Smooth. However, should you suffer from any of the condition under the Contraindications please do not use the Cellu Smooth.

Q. Can I use the Cellu Smooth over my stretch marks and varicose veins?

A. On stretch marks yea. The applicator does generate heat to improve circulation however, it is not advisable to use over varicose veins due to the increase in circulation, please check with your GP first.

Q. Can men use the Cellu Smooth?

A. Yes of course. Men also suffer from Cellulite particularly on the back and stomach area, treatment areas may differ to those of women, but the results will be just as noticeable.

Q. Can I use the Cellu Smooth during my period?

A. Not over the stomach area, as it may be uncomfortable, but it's fine to use on other areas such as legs, bottom, back etc.

Q. Would exercise and diet help?

A. Yes definitely. Both exercise and a healthy diet will accelerate the speed in which you will see an improvement. Simple changes can also help such as drinking more water, as adequate water intake flushes wastes from the body and hydrates muscles and other tissues. While the lymph system is responsible for removing the waste, water plays an essential part n the elimination of waste fluids. By swapping fast foods for a healthier option, cutting back on tea, coffee, alcohol and fizzy drinks you will also help to speed up the removal and prevent further Cellulite from developing.

CONTRAINDICATIONS

- Do not use the Cellu Smooth if you suffer from any of the following conditions:
- Over scars (allow at least 6 months) although ultrasound has been proven to help healing of scars.
- Pacemaker/Heart Disorder
- Skin disease and disorder (Sclerosis, dermatitis etc)
- Infections or open wounds
- Sunburn
- During Pregnancy (over abdominal area) unless by a qualified practitioner
- During menstruation (on abdominal area)

CLEANING AND CARE

1. Switch the unit off and unplug before cleaning.
2. Use a damp towel to clean the appliance.
3. DO NOT immerse the appliance in water.
4. Keep this product in a dry, cool and safe place.
5. Do not use any harsh detergents, abrasives, solvents or cleaners. Never immerse in water to clean.

RATING

This product is designed to operate at the following voltages without adaptation:
Input Voltage: 230V-240V ~ 50Hz
Output: 6V DC 600mA

CERTIFICATION

This appliance conforms with the CE directives for radio interference suppression and low-voltage safety and has been built to meet current safety requirements.

CE

DISPOSAL AND THE ENVIRONMENT

If your electrical appliance requires replacement or is of no further use, please think of protecting the environment. Contact you local authority for advice as many have facilities for environmentally safe disposal.

GUARANTEE

This product has been manufactured under the strictest of quality control procedures, and using the highest quality of materials to ensure excellent performance and reliability. Provided the appliance is properly used and maintained it should give long lasting performance.

This appliance comes with a full 12 months manufacturers guarantee that should the appliance stop working within that period then the manufacturer will repair or replace that item – provided that the defect is not found to be a consequence of the product having been misused, i.e. connected to an incorrect voltage, or used contrary to the instructions, or subject to accidental damage, neglect or inexpert repair. The guarantee does not cover accidental damage such as if the appliance is dropped and then stops working.

If the appliance is opened for whatever reason then the guarantee will not be valid.
Your statutory rights are not affected.

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